

## The American Heart Association applauds Centers Health Care. Centers awarded for 70% blood pressure health among its Residents.

The American Heart Association recognizes Centers Health Care's commitment to the improvement of cardiovascular health, presenting the *BP Gold Recognition* award to the company.

**Centers "high performance is truly exemplary" says the American Heart Association.**

"This award of excellence makes evident that the fruits of Centers Health Care's efforts to impact the health of Centers' patients across geographies and cultures are abundant," said Victor Bory BSc, MSOD, Director of Community Impact at the American Heart Association.



Former Sabres goalie Dominik Hasek with the Buffalo Center team

### Goal!

It's hockey season, and Centers Health Care is back on ice, renewing its valued partnership with the National Hockey League's Buffalo Sabres. And we've got a common goal: making Buffalo healthier and stronger.



**The trusted rehab partner  
of the Buffalo Sabres**

## Kenny's Corner



### Giving thanks. Giving back. Giving of ourselves.

In this season of giving thanks, we celebrate family, friends, food and football. Here at Centers Health Care, we have many reasons to celebrate. But it's also a good time to reflect—and to remember why we are here. Our Residents.

Over the years, many of you have told me that you consider working at Centers not only a job, but a calling. That is because we have a very special opportunity to give our Residents help, hope, care and compassion. At the same time, however, they give us so much in return. As we help them get stronger, their determination gives us strength. As we inspire them to live healthier, more fulfilling lives, their example inspires us.

Our Residents share with us their experience gained over their lifetimes. They open up to us about the hardships they've faced, and in many cases have overcome. Their lives and their stories can be a source of wisdom for all of us. Like many of you, I consider myself to be blessed—not only to work with our Residents, but to work with so many of you. At this time of Thanksgiving, it is a perfect time to count our blessings.

A handwritten signature in black ink.

Kenny Rozenberg  
CEO, Centers Health Care

### Just a few of our wonderful Residents. Thanks for inspiring us.



Jesus Soto  
BRONX CENTER



Teresa Anzalone  
DEPTFORD CENTER



Zellee Hubbard  
Franklin  
NORTHERN MANOR



Roger Shields  
BROOKLYN CENTER

## News from the Centers



### Virtual reality is now a reality at Fulton Center

WNYT in Albany reports that virtual reality is bringing rehab and senior centers into the future—and residents at **Fulton Center** are strapping on the goggles. Gameplay boosts their mood and promotes brain activity. And it's just plain fun!

### Open House...and Open Hearts

**Oneida Center** recently had an open house, inviting the Utica community to come see and learn about the facility. At the same time, they donated a large amount of food to the homeless through Hope House. Good work Oneida Center!



### Creative Pursuits

Highly talented **Northern Manor** resident Jong Choi is one of 13 New York State-wide winners of this year's Art from the Heart contest. He creates stunning imagery using Chinese ink and a fountain pen on rice paper. Just beautiful!

### Horse Play

A mini pony named Tucker made the rounds at **Troy Center**, and wherever Tucker went, smiles followed and spirits were raised. But who doesn't love a pony?



### Hip Hip Hooray!

Congratulations to **Triboro Center** for having a perfect, deficiency-free survey! We want to thank all of the staff and Residents at the facility for making it happen. That's what success looks like.

### All That Jazz

Deja Vu Quartet entertained the folks at **Warren Center**. They delivered a big night of jazz favorites, and everyone there had a swinging time. It was crazy cool.





## The People at Centers

**Employees of the Year from 10 Centers. Watch for more in future issues.**

**Jade Padgett**

Human Resources,  
Corning Center

At Corning Center for eleven years,  
Jade is an extraordinary human resource.

**Neresa Thorpe**

CNA, Far Rockaway Center

Neresa champions the Residents, always  
doing good work for a good cause.

**John Esposito**

Diet Technician,  
Creekview Center

John does a spectacular job—and  
does it with a passion every day.

**Patricia Walters**

CNA, Fulton Center

Patricia is strong enough to face  
anything...and tender enough to  
understand anyone.

**Tina Carter**

CNA, Deptford Center

Tina loves coming to work, and loves the  
Residents, who genuinely love her back.

**Mark Lamkins**

Environmental Service  
Director, Glens Falls Center

For over four decades, Mark has been  
the go-to guy at Glens Falls Center

**Cheryl Griffin**

CNA, Ellicott Center

Cheryl makes the toughest tasks look easy  
and never shies away from a challenge.

**Vanessa Burch**

Unit Manager,  
Granville Center

Vanessa is a pillar of leadership, getting  
to know every Resident personally.

**Candy Goff**

Director of Recreation,  
Essex Center

Candy makes sure the staff and Residents  
are relaxed and having fun—right at home.

**Lisa Santora**

Housekeeper,  
Hammonton Center

Some people make a living. Others, like  
Lisa, make a difference—an inspiration  
to all.

**The**  
**Centerpiece** 

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[centerpiece@gcnymarketing.com](mailto:centerpiece@gcnymarketing.com) and we'll do the rest.